The 2010 Fall Sailing Season was another great one for the Cougars and was highlighted by some fine finishes at the Fall National Championships. The Team was one of three in the country to qualify for all three and when you consider it’s dominant performances in SAISA and successes at major intersectionals, the future continues to look bright for C of C Sailing.

The Fall Season is a warm up, a pre-season, but its action-packed, there’s tons to learn and accomplish, and national championships are mixed in too. We started in August with our core returnees and then added 11 more talented Cougars after a few days of competitive tryouts. Then we got to work. This Fall we participated in 26 events from northern New England to southern Florida and lots of places in between. We did well; out of the 26 we won 9 and finished second in 3. We logged over 100 hours of on-the-water practice time, worked out in Sports Performance over 25 hours, and our freshman alone combined for 840 hours of study hall! And that’s our “preseason” that doesn’t include some other important aspects of being a student-athlete- like excelling in class.

The last month of the Fall culminates with the Men’s and Women’s Single-Handed Championships, the Coed and Women’s Atlantic Coast Championships, and the Match Race Championship. Once again, the Cougars were in attendance at each. Junior, Corey Hall struggled in the deep women’s field at a very windy Singles but fought through illness to compete through the event’s end. Junior, Eric Bowers improved steadily through his event, winning the last day and finishing 6th overall. At the Women’s ACC’s, the Cougars came up just shy of their goal of cracking the top half by finishing 11th, but the Fall’s experiences have them eager to knock down that barrier and continue to improve this Spring. The Coed ACC’s was highlighted by great performances by the team captains. Junior Co-captain Alyssa Aitken (along with Jackson Benvenutti) crewed in a stacked A division to finish 5th. Co-captain Sam Stokes (along with Perry Emsiek) took on the tough role of getting subbed in to skipper B division and shined; the 1-3 set certainly helped secure the 9th place overall finish in the abbreviated 8-race series.

The College of Charleston Sailing Team has a rich tradition in the Sloop National Championship and so when the format changed to match racing this year we wanted to continue to make a strong presence at the event’s first run. We tackled this goal by taking advantage of our great resources and getting many more then just the four players sailing involved. The process started by organizing, hosting, and rejuvenating the TS Stern Regatta. The new match race format called for more volunteers and resources with each race requiring umpires and umpire boats, but the greater Cougar Pride enter up and alumni, friends, and former coaches were there to help. The event went off without a hitch, the Cougars won, and their experience set the table for their dominating performance at the SAISA qualifier. Before nationals, we again called on volunteers to train against the team and had some great sparring sessions with undergraduates and alumni alike.

The event at Kings Point proved that the proposers of the new format were right. The sloop event felt like a national championship again. There was tons of media hype with a great web site where commentary from world-renowned match racers Dawn Riley and Bill Hardesty was broadcasted live. (Continued on Page 4)

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Before I even moved to Charleston to begin my new role as the Director of Sailing I was well aware of the tremendous respect the College of Charleston had earned as one of the strongest sailing programs in the country. Few schools have come close to the amazing record of National Championships or produced such a long list of All-American Sailors. After my first week, I was impressed with all that the college has to offer our students, potential recruits, and even the sailing community here in Charleston. Our coaching staff of Ward, Nick, and Colin has tremendous talent and they show incredible passion towards their job and the team. I am indebted to them for their help, patience, and insight in my becoming oriented to the daily operations of the program. I was also impressed with the incredible talent our team demonstrates. They work hard and are extremely focused and it of course shows in the impressive results they achieved this fall. Best of all, they are a great group and I’ve had a lot of fun getting to know them.

The support that the college provides our athletes in other areas of their day-to-day life, away from the sailing center, is just one more area that makes the College of Charleston special. The Athletic Department has an amazing academic advisory facility and staff which provides unlimited support for all student athletes. The Sports Medicine and Sports Performance facilities are just over a year old and offer programs specifically tailored to the sailing team.

The decision to move to Charleston was not easy for my wife Jo Ann, our daughter Addy, or I. But after a few visits, and especially since we have moved, it is clear that Charleston is a special place with special people. The warm welcome we have been offered by the sailing community and the College has been wonderful and appreciated.

I am thrilled to do what I can to help grow sailing both at the college and the community level. I have been working with Ward, Nick, and Colin brainstorming how we can best steer College Of Charleston Sailing in the direction to offer even more. One of our many goals is to continue to expand and develop our program so our sailing team, students, and community have the very best equipment, facility, and support any one program could offer. We are a strong, fortunate program with a tremendous future! I am proud and honored to be apart of the College of Charleston Sailing.

### Freshman
- Courtney Alexander - Annapolis, MD
- Katie Baker - Hingham, MA
- Alicija Bulota - Annapolis, MD
- Elizabeth Chambers - Mooresville, NC
- Nicole Hause - Easton, MD
- Amy Kubie - Norwalk, CT
- Grace Lucas - Little Silver, NJ
- Jenny Powell - Brooksville, ME
- Katherine Santa Cruz - Bay St Louis, MS
- Carly Shevitz - Santa Barbara, CA

### Sophomores
- Jeff Aschieris - Newport Beach, CA
- Chris Banholzer - Hartland, WI
- Laura Beigel - Severnah Park, MD
- Brooks Clark - Newport Beach, CA
- Cory DeCollibus - Duxbury, MA
- Brendan Faria - Middletown, RI
- Cameron Hall - St. Petersburg, FL
- Mac Mace - Newport Beach, CA
- Molly O’Neil - Narragansett, RI
- Deborah Ong - Singapore
- Michael Ramming - Newport Beach, CA

### Juniors
- Alyssa Aitken - Sandwich, MA
- Erik Bowers - Excelsior, MN
- Sarah Burks - USVI
- Perry Emsiek - Corona del Mar, CA
- Corey Hall - St. Petersburg, FL
- Zeke Horowitz - Sarasota, FL
- Sam Stokes - Norfolk, VA
- Caroline Stokes - Charleston, SC
- Sarah Somes - Grosse Pointe, MI

### Seniors
- Cole Allsop - Annapolis, MD
- Jackson Benvenutti - Bay St Louis, MS
- Cristy Jamison - Rye, NY
- Correyanna Moore - Sullivans Island, SC
- Kip Watson - Duxbury, MA
Senior Sailing Team Members

Congratulations to our Senior Athletes. Cole will be graduating with a degree in Business Administration. Jackson & Kip will both graduate with degrees in Political Science. Cristy will be graduating with a degree in Corporate Communications.

Good luck with your final semester and be sure to come back and visit us soon!!

Congratulations to Carly Shevitz ‘14 of Santa Barbara, CA for being named to the US Sailing Team Alpha Graphics Developmental Team. Carly is competing in the Women’s 470 Class with Marlina Fauer ‘13 (Yale).

Good Luck Carly!!
The brand new boats and sails backed by the New York Skyline was quite a sight. On the first day the Cougars shined in the limelight by advancing to the Gold Round. Our inexperience and the great parity of teams lead to a tough Gold Round where we lost all three, by mere feet. That pitted us against Brown for the quarters, the Bears were on an upswing coming out of the Repechage Round. The series would be tight and go to the third and final race. After trailing the whole race, the Cougars passed on the last run but were not able to burn a pre start penalty in time to advance to the semis. Despite their disappointment, the Cougars rallied for three more race-wins to finish a respectable 5th at the first ever Match Race Nationals.

The Match Race Campaign this Fall embodies what College of Charleston Sailing is all about. Our players bought into our team philosophy whether they were on the boat or not and are dedicated to not only each other, but to those who came before them. There are so many moving parts to this circus and we couldn’t accomplish anything without all of the support we get from so many to keep it all moving forward. From alumni, friends in the community, to parents of players, and even parents of former players, we thank you all so much. We look forward to a great Spring Season and to continue representing the entire College of Charleston Sailing Family with class.

SAISA Open
by Chris Banholzer

The Cougars opened their Fall sailing season with a home event. The team sailed to a first place finish in the event. Sailing for the Cougars in A division and winning their division was Brendan Faria ’13 and crew Caroline Warren ’12. Sailing in B Division for the Cougars was Chris Banholzer ’13 and crew Coryanna Moore ’11. They also placed first in their division. One of the top teams competing in the event was the talented University of Miami Hurricanes. The Hurricanes sailed to a solid second place finish in the event. Not far behind them were the Florida Gators. The competitors saw great breeze on Saturday and a lot of current. Sunday was very challenging with very little wind and a ripping current. Big thanks go out to all the Cougars for helping run this great event! A special thanks goes to Coach Cromwell for organizing a great and successful regatta for the College!

North Points @ Tennessee
by Courtney Alexander

The North Points #2 was hosted by the University of Tennessee Volunteers on September 18th in Knoxville, Tennessee. The regatta was a success with a first place finish for the College of Charleston Cougars and a great way to start the season. The trip began with lots of traffic, and the traditional stop at Colin’s favorite, Cracker Barrel, but after finally making it to Tennessee Friday night, everyone was ready to start sailing the next morning.

To our surprise, the best breeze on the Tennessee River was found early in the morning, something unusual for this venue. It was important to play the shifts during every beat, and the breeze consistently filled from the right. In A Division skipper Grace Lucas ’13 and crew Amy Kubie ’13 sailed four races with a total of four points, and in B Division Nicole Hause ’13 and crew Courtney Alexander ’13 sailed four races with a total of six points.

A special thanks goes out to Coach Colin Bentley for transporting and coaching the team, and to the Concord Yacht Club and the Tennessee sailing team for hosting a great event!

Hatch Brown Intersectional
by Ben Spector

The Hatch Brown Intersectional was held at MIT on the Charles River in Boston. It was co-hosted by MIT and Harvard, and the regatta was sailed in three fleets of FJ’s. The weather was great; we had temperatures in the 70’s both Saturday and Sunday. The Cougars were represented by Mac Mace ’13 and Cory DeCollibus ’13 in A-division, Ben Spector ’13 and Alexis Scott ’13 in B-division, Sammy Stokes ’12 and Perry Emsiek ’12 in C-division.

Saturday brought the Cougars challenging conditions, with extremely shifty and puffy winds- standard stuff for
the Charles River. With a unique course set-up from MIT, (mid-beat gates) it was a great learning experience for the first major intersectional of the year. At many points we were dodging kayakers and motorboats in order to stay on the course. We finished Saturday with positive attitudes and a great meal at the DeCollibus’ home!

Sunday didn’t bring much racing due to the extremely light air, and the regatta was called shortly after noon. The Cougars finished 5th overall, with a strong performance in C-division finishing 2 points out of 1st! Thank you to the DeCollibus family for housing us and the for the awesome food!

North Points at Clemson
by Amy Kubie

With light winds out of the southwest, racing began at 10 am sharp on Saturday morning at the SAISA North Points #3 hosted by Clemson University. Over the course of the day, the breeze continued to clock to the west, as it increased to about 10-14 mph. The last set of A division was sailed in a dying breeze, but then it kicked back up with 16 mph gusts for B to wrap up the day. Skipper Elizabeth Chambers ’14 and crew Alicia Bulota’14 won A division with 19 points, and Katy Baker ’14 skippered B division with crew Amy Kubie ’14 to first place 1st with 15 points. Charleston took the day with a total of 34 points. Thanks to Western Carolina Sailing Club for hosting the event, and thanks to Colin for coaching us!

St. Mary’s Intersectional
Zeke Horowitz

On the weekend of September 25th and 26th, the Charleston sailing team competed in a new event at the St. Mary’s College of Maryland. Eighteen teams from across the country showed up to compete in the first ever St. Mary’s Intersectional. The Cougars were represented by senior Jackson Benvenutti, juniors Alyssa Aitken and Zeke Horowitz, and sophomore Cory DeCollibus. Coach Ward did a terrific job driving us there and back safe and sound in some extremely difficult driving conditions. Six races were sailed on Saturday in a dying Southerly breeze that proved to be very shifty and puffy. But we were excited about the windy forecast that was in store for Sunday. With a moderate breeze filling from the North, we were able to finish the regatta on Sunday completing 12 races in each division. The Northerly wind was very shifty. The Cougars finished up very consistent coming in 6th place in A division, 6th place in B division, and 6th place overall. This was a great start to the fall season. We are all looking forward to another successful season!

North Points @ UNC/W
by Michael Ramming

On the weekend of October 9th four Cougar sailors traveled to Wilmington to race at the University of North Carolina. The group consisted of Michael Ramming ‘13 and Katherine Santa Cruz ‘14 sailing A-division, and Katy Baker ‘14 and Courtney Alexander ‘14 sailing B-Division.

It was only a one-day event, so the RC had to take advantage of the light wind while it lasted. It was a sunny warm day; wind conditions were light and shifty throughout, which caused the course to be moved multiple times. The Cougars finished up 1st in A and first in B securing the overall win.

Stern Sloop Match Race
by Sarah Somes

The 2010 Stern Sloop Regatta, held on Charleston’s Cooper River, made for an exciting weekend for the Cougars of College of Charleston. The annual Stern Sloop, normally a fleet race in the J-22’s, was held as Match Race for the first time in its history. A match race is when teams compete head-to-head as opposed to fleet racing where every team races at once. Six colleges competed at the Stern Sloop Match Race that weekend and enjoyed the wonderful competition. On Saturday, a shifty breeze was blowing from the North, and P.R.O. extraordinaire and co-team captain Sam Stokes ’12, set a steady course for the racing. The Cougar squad included senior skipper Jackson Benvenutti, senior trimmer Cole Allsopp, and bow-woman Sarah Somes ’13. The Cougars came on strong, finishing the first round tied for second place with the Georgetown Hoyas in second and the Bulls of South Florida placing third. Sunday morning the Cougars arrived with large cups of coffee in their hands and a determined look in their eye. The day provided the Cougs with some intense conditions with winds reaching 20 knots. Sunday’s racing was the knockout series, and the Cougars were matched up first in a best of five competition against the Hoyas. The Cougars won a thrilling series and went 3 and 1 against the Hoyas. The Bulls were able to knock out their competition, the Clemson Tigers, in three quick races. In the final round, the Cougars were able to dispatch the raging Bulls in three thrilling races, including a spectacular wipeout, twisted spinnakers and hooking a mark for 5 of the 7 minutes of the starting sequence. It was another great regatta for the hometown team!

Navy Fall Women’s
by Caroline Warren

The Cougars traveled to the Naval Academy in Annapolis, Maryland for the weekend of October 9-10, 2010 to compete in the Navy Fall Women’s Intersec-
tional. This event has three fleets with girls competing in FJs, 420s, and Laser Radials. The Cougars began competing on Saturday with sunny skies and temperatures near 80. The breeze ranged from 3-10 knots from the WNW which made it difficult to sail against the tremendous chop created by busy boaters on their way to the Annapolis boat show. A trapezoid course was sailed for all fleets for the entire regatta with long downwind legs. The races moved quickly and the girl’s stamina was tested by the rotation set-up, which scheduled a rotation after five races instead of the standard two. Starting out in FJs, A fleet sailors Carly Shevitz ‘14 and Sarah Scudder ‘13 learned a lot about making their boat go fast and getting their FJ properly tuned. B fleet sailors Grace Lucas ‘14 and Caroline Warren ‘12 started out the day in 420’s with some top-3 scores. In the Laser Radial, Corey Hall stood out in C fleet with firsts in races 4 and 5. The girls came in for a quick lunch break and some words of wisdom from Coach Ward before going back out to the afternoon session. The wind began to decrease throughout the afternoon, so the racing had to be called for the day before B and C fleets could get in their last race of the day. The Cougars returned to the Alexander’s home not too far from the Naval Academy to enjoy a beautiful sunset on their porch before being treated to delicious homemade lasagna. With amazing food, great conversation, and some visiting Cougars, the girls ended the day by going to bed early to be ready for the racing on Sunday. The new day began with uncooperative wind, but the fleet tried to sail out to the course any way, only to be forced to return to shore. At noon, the wind filled in from the SE and a trapezoid course was arranged right in front of the Robert Crown Sailing Center. The wind was much lighter than the day before and was once again complicated by the many boaters that were racing through the course. The end of the day brought A, B, and C fleets to complete sixteen races. The girls all decided they had learned a lot and had gotten more comfortable with the competition. Some of the Cougars flew home to spend their fall breaks with their families, while others kept Ward awake on the long drive back to Charleston. Thanks again to the Alexander family for their wonderful hospitality.

Moody Intersectional
by Erik Bowers

The 2010 Moody Intersectional was an awesome event hosted by URI and sailed in FJs over the weekend of October 9-10. Representing the Cougars were Erik Bowers ‘12 and Cory DeCollibus ‘13 in A division and Ben Spector ‘13 and Alexis Scott ‘13 in B division.

The excitement began for the Cougs before racing even began. Our flight out of Charleston was delayed, so we would miss our connection from Charlotte to Providence. Coach David Dabney arranged for us to stay overnight in Washington D.C. and fly into Providence the next morning. Fortunately there was no delay this time and we made it to the venue with so little time to spare that our boat was already rigged for us.

On day 1, the breeze was NW shifting through about 90 degrees at times with dramatic changes in pressure. The courses were 3, 4, and 5 leg windward-leeward. The Cougars struggled to find consistency, with many sets in both divisions having both single digit and painful double digit scores. After day 1, the Cougars lay in 8th.

Day 2 brought more sunshine and increased pressure from the SW. Only five races were sailed in each division on 4 leg windward-leeward courses. The Cougars responded better on day two, moving up to 7th overall. In the end, a few big mistakes such as fouls and starting errors both days cost the team a result in the top five.

A big thanks goes out to the O’Neils for hosting us on Saturday night and especially for letting us use the Jacuzzi. A big thanks also goes out to volunteer Coach David Dabney who gave up his weekend to provide valuable insight in both sailing and travel.

Navy Fall Intersectional

Alyssa Aitken

This year at the Navy Fall Coed regatta we saw a wide range of conditions. It was our first weekend of “cold” weather, so we packed our warm gear and drove up to Annapolis. Saturday the predicted wind filled in and while Jackson Benvenutti ’11 started the day with Alyssa Aitken ‘12, and Mac Mace ’13 sailed out with Perry Emsiek ’12, we quickly made the switch to our heavy wind crews Jeff Aschieris ’13, Kip Watson ’11 and Brooks Clark ’13. The boys worked hard to keep the boat flat in persistent winds of 15-18 knots. It was really excit-
ing to have all 9 Cougars get some sailing in on the first day! Everyone was very upbeat and ready to make a change whenever it was necessary. Erik Bowers fought hard in the full-rig laser division with stiff competition and a long day of racing. Zeke Horowitz sailed in the radial division and started to dominate right away. With six first place finishes in 20 races he ended the weekend with an impressive low score of 68 points. After a long and exhausting day of racing in the chilly, blustery conditions the team went home and had a family style Chicken Parmesan dinner. We would not have been able make such a delicious home-cooked meal without the fantastic housing given to us by Laura Beigel’s family!

Sunday proved to be a little more challenging with lighter, shifter breeze conditions. The team fought hard to make it a “Cougar Sunday” and we were very excited to finish the weekend in 2nd overall behind the St. Mary’s Seahawks. Congratulations to Mac and Perry for finishing 2nd in B-division, and Zeke for running away with it in D-division!

Capt. Hurst Intersecionnal
by Alicijia Bulota

The chilly Captain Hurst Bowl on October 16-17 was sailed by Sammy Stokes ’12, Alicija Bulota ’14, Cameron Hall ’13, and Sarah Scudder ’13 and was coached by the newest member of the College of Charleston Sailing family, Greg Fisher. The forecast for the weekend called for some major breeze and some bone chilling temperatures. As the team rolled up to the woodsy Dartmouth sailing center, some of the Cougars found it quite difficult to remove themselves from the heated team van.

As racing began on Lake Mascoma the conditions proved to be very trying, with breeze reaching 20+ knots. We soon began to notice a pattern forming within all the other participating teams: all “bro boats” (replacing the smaller girl crews with larger male crews). By the end of the first day our faces were wind burned and our toes were frost bitten and we wanted nothing more than to take hot showers.

After a nice continental breakfast the team hopped into the van expecting to face a forecast similar to the previous day. We were pleasantly surprised when we were able to sail some races with lighter winds and sunshine, but little did we know that the conditions would transform to be just as windy as the day before, with gusts up to 35 mph. Throughout the event Greg’s expansive sailing knowledge helped us to maintain mental and emotional clarity during the difficult regatta allowing the Cougars to secure a 9th place finish in the event.

Capt. Hurst Team. From left: Cam Hall, Alicija Bulota, Sarah Scudder, and Sam Stokes

Yale Women’s
by Molly O’Neil

The Women’s team traveled to Connecticut for the Yale Women’s Intersectional in the beginning of October. Saturday brought strong shifty winds over Granite Corner, but after several hours of postponement the girls sailed six races total. In both fleets there were numerous capsizes... even the Cougars. “A” fleet had a bit of trouble righting their boat, which had dug its mast into the mud, at the start of race three, but the girls came off the water all smiles. On Sunday the wind was much more consistent, and began at 10 knots from the west and built to 15-20 knots from the southwest with large rolling waves. We sailed a total of 5 races in each division on Sunday.

Coach Nick and the girls stayed at the Scudders’ house in Mamaroneck, NY and got to eat some delicious New York style pizza; not one but two nights, due to flight troubles. On Saturday night the Cougars stayed at the Maguiers’ house and got to celebrate a birthday. It’s rare that all five girls get to sail so they were all thrilled to have some time on the water!

SAISA Single-handed
by Cameron Hall

The SAISA Men’s Single-handed Championship was sailed at home in Charleston Harbor on October 23-24. The Cougars were represented by Erik Bowers ’12, Zeke Horowitz ’12, Cameron Hall ’13, and Cole Allsopp ’11 in a fleet of 16 Laser full rigs.

Racing started on Saturday.
morning with beautiful conditions and warm temperatures. Three races were sailed in the Cooper River to the North of the USS Yorktown. The combination of a 3-5 knot breeze and a strong ebb tide lead to difficult racing conditions. Following a short lunch break, racing was moved to Crab Bank in search for better breeze and less current. In a 5-10 knot breeze, seven additional races were sailed. Racing stopped for the day with six races remaining to complete a full rotation.

Racing started on Sunday morning with similar conditions. After completing one race in the Cooper River with light breeze and strong current, the sailors went back to the marina for a lunch break. The breeze filled in from the Southeast, and the sailors returned to Crab Bank to complete the remaining five races.

Overall, the results showed that consistency was the key to success with first place averaging just over four points in every race. Erik Bowers finished in second place, Zeke Horowitz finished in fourth, Cameron Hall finished in fifth, and Cole Allsopp finished in eighth. The top three boats qualified for the Single handed Nationals! Thanks to all the Cougars who helped with the regatta and a special thanks to Brooks “the Main Event” Clark for being the PRO for the regatta.

Hoyt Intersectional
by Mac Mace

Over the weekend of October 23 and 24, a team of four Cougars and one coach traveled to Brown for the Hoyt Trophy. The team consisted of super senior Jackson Benvenutti sailing with junior Alyssa Aitken and sophomore Mac Mace sailing with junior Perry Emsiek lead by rookie coach Greg Fisher. Traveling went smoothly and we arrived at the venue on Saturday morning ready to race and prepared for some big breeze and rain. We raced all day Saturday in breezes ranging from 5 to 20 knots. Our results followed the breeze. We were up and down all day. We ended Saturday in 4th place and within striking distance of the top teams and looking forward to an awesome steak dinner with some salad provided by the Faria family. They played the role of our parents all weekend. Thank you to them for keeping us happy and well fed.

After we said our good byes to the hosts Sunday morning we headed to the sailing center. We got there and were met with no wind. We sat around all day hoping that we would get out on the water and have a chance to improve our position in the standings but instead ended up telling stories and playing games all day. No races were completed Sunday. Overall the regatta was a success and I hope that we get some more regattas like that in the future.
dazzling dedicated coach Nick and headed to the O’Neils’ house for the night.

We spent a wonderful night at the O’Neils’ lovely home in Narraganset, Rhode Island. Here we enjoyed a wonderful dinner and one of the most delicious desserts I have ever tasted. Being college kids getting a home cooked meal is amazing and that being followed up by an apple cinnamon cake sprinkled with powder sugar and topped off with a scope of vanilla ice cream really made the night.

The second day was another beautiful day in New England, once again the sun was out. After saying our good byes to the O’Neils’, we were all pumped for another great day of sailing. Arriving at the venue many of the sailors came dressed for the holiday with festive hats, shirts, and even full body costumes. We had a small wind delay, but then it filled in and racing began. The Cougars started the day off on a good note finishing top ten in many of the races. As the day went on the wind picked up and there were many gnarly wipe outs among some of the other teams. The regatta ended with a total of twelve races being sailed within each fleet, and the Cougars finishing twelfth overall.

SAISA/MAISA
by Carly Shevitz

Normally, home regattas mean sunny skies, warm water, and less sailing gear. However, when the SAISA/MAISA regatta came to town, we faced conditions that resembled what one would find after a plane ride north rather than a 15 minute drive across the bridge.

Saturday morning we had a bit of a delay due to missing teams, and even further when an unannounced team showed up. After Coach Nick reworked the rotation sheets, the eight participating Cougars, bundled up in Under Armor and spray gear and were ready to hit the water.

The Cougars fielded 2 complete teams for this event, with Chris Banholzer ‘13 and crew Correyanna Moore ‘11 sailing in the A division and Nicole Hause ‘14 and Courtney Alexander ‘14 sailing in the B division. The second Cougar team was made up of Carly Shevitz ‘14 skippering the A division with crew Jenny Powell ‘14, and Caroline Warren ‘12 and Alicija Bulota ‘14 sailing in the B division.

The combination of strong currents and lighter winds made racing difficult both mornings, leaving the sailors with a two-hour postpone period each day. Some sailors took this time to catch up on some much needed sleep, while others went on a Harris Teeter run to get some food. By the time early afternoon came around and the Ebb tide had died down, the Cougars were excited to sail in the slack tide with solid breeze. By the end of the weekend 16 races were sailed leaving the two Cougar teams in first and third. A big thank you to Coach Nick for running a very successful event, and to all of the Cougars who helped Nick manage this great event.

ACC Coed Championship
by Samuel Stokes

On November 13th and 14th the College of Charleston Cougars competed in the final dinghy regatta of the fall season, the Atlantic Coast Championship. The Cougars were prepared for a cold weekend at the United States Naval Academy in Annapolis, Maryland but were greeted with blue skies and sixty-degree temperatures. Unfortunately, the warm weather gave the regatta a tough 3 to 6 knot breeze and the famous Annapolis weekend boat chop. In the first race the Cougar A-fleet, headed by skipper Jackson Benvenutti ’11, and crew, Alyssa Aitken ’12 fought their way into second place. The cougar B-squad, skipper Mac Mace ’13, and crew, Perry Emsiek ’12 also started strong finishing third place in their race. The sailing conditions deteriorated from there and only three more races per fleet were sailed on Saturday. The Cougars fought hard and found themselves in 11th place at the end of the day.

Sunday started off with glassy waters giving the competitors a couple hour wind delay. Always ready for the competition, the Cougars started up a game of ultimate Frisbee. Benvenutti, Mace and skipper/crew Sam Stokes ‘12 dominated the end zone, going for a combined nine touchdowns. A light 3 to 5 knot breeze picked up around eleven and the Cougars were warmed up. The Cougars fought hard through the conditions, and after a tough set, Sam Stokes was switched into B fleet to fight against the light breeze. The Cougars moved up on day two and finished the regatta in ninth place overall.
# College of Charleston Sailing Team
## Spring 2011 Schedule

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<td>Charleston Spring Coed Intersectional</td>
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<td>USF Women's Intersectional</td>
<td>South Florida- St. Petersburg, FL</td>
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<td>3/5-6</td>
<td>Charleston Women's Intersectional</td>
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<td>North Points # 2 (Saturday only)</td>
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<td>Eckerd Intersectional</td>
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<td>Navy Spring Women’s</td>
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<td>St. Mary’s Team Race</td>
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<td>Mendelblatt Team Race (2nd Invite)</td>
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<td></td>
<td>St. Mary’s Women’s</td>
<td>St. Mary’s College, MD</td>
</tr>
<tr>
<td>3/26-27</td>
<td>North Points # 4 (Saturday only)</td>
<td>Tennessee, Knoxville, TN</td>
</tr>
<tr>
<td></td>
<td>MAISA/SAISA</td>
<td>Hampton, VA</td>
</tr>
<tr>
<td></td>
<td>Szambecki Team Race (2nd Invite)</td>
<td>Old Dominion- Norfolk, VA</td>
</tr>
<tr>
<td></td>
<td>BDC (1st Alt)</td>
<td>MIT, Boston, MA</td>
</tr>
<tr>
<td></td>
<td>Duplin Women’s Team Race</td>
<td>Tufts- Medford, MA</td>
</tr>
<tr>
<td>4/2-3</td>
<td>Dellenbaugh Women’s (2nd Alt)</td>
<td>Brown- Cranston, RI</td>
</tr>
<tr>
<td></td>
<td>Southern New England Team Race</td>
<td>USCGA/ Conn- New London, CT</td>
</tr>
<tr>
<td>4/ 9-10</td>
<td><strong>SAISA Spring Coed Championships</strong></td>
<td>College of Charleston, SC</td>
</tr>
<tr>
<td></td>
<td>Friss/ Marchiando Team Race</td>
<td>Tufts/MIT- Boston, MA</td>
</tr>
<tr>
<td>4/16-17</td>
<td><strong>SAISA Team Race Championships</strong></td>
<td>Eckerd- St. Petersburg, FL</td>
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<tr>
<td></td>
<td>Wick/Shrew Women’s</td>
<td>USCGA- New London, CT</td>
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<tr>
<td>4/23-24</td>
<td><strong>SAISA Women’s Championships</strong></td>
<td>South Florida- St. Petersburg, FL</td>
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<tr>
<td></td>
<td>Thompson Trophy (1st Alt)</td>
<td>Conn. College- New London, CT</td>
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<tr>
<td></td>
<td>Admiral’s Cup (1st Alt)</td>
<td>USMMA- Kings Point, NY</td>
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<td></td>
<td></td>
<td>USC- Long Beach, CA</td>
</tr>
<tr>
<td>March 30/1</td>
<td>ICSA National Semi-Finals**</td>
<td>Cascade Locks, OR</td>
</tr>
<tr>
<td>May 23-26</td>
<td>ICSA Women’s National Championships**</td>
<td>Cascade Locks, OR</td>
</tr>
<tr>
<td>May 27-29</td>
<td>ICSA Team Race National Championship**</td>
<td>Cascade Locks, OR</td>
</tr>
<tr>
<td>May 30-1</td>
<td>ICSA Coed National Championship**</td>
<td>Cascade Locks, OR</td>
</tr>
</tbody>
</table>

* = qualifier for national championship  ** = Must qualify
- Home regattas are in **bold**: please come out and support the team.
The Cougar Current
The official newsletter of the College of Charleston / Hissar Sailing Program

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Dockmaster: Colin Bentley (bentleyc@cofc.edu)

Find updates on events, results, pictures, video, and more on our College of Charleston Sailing Facebook Page.
Find additional pictures and info at http://charlestonsailing.shutterfly.com/

Other sites:
www.collegesailing.org
www.cofc.edu/Athletics

Fall 2010